

Girls Coach of the Year - Class 2A

Trudy Bennorth - Neuqua Valley

Trudy Bennorth has been a staple of Neuqua Valley tennis for the last 16 years. During her tenure, the Wildcats have won 13 boys sectional titles and 6 girls sectional crowns. Here are some of this year's achievements for Neuqua Valley:

- Season record of 22-3
- DuPage Valley Conference champions
- Champions of the Waubonsie Valley and Lockport Invites
- Sectional champions for the fourth time in the last five years
- Qualified three players for the state meet
- 13th at the state tournament
- Sophomore Alex Savu finished top 12 in singles at the state meet

Trudy always wants her teams to be confident on the courts. Her team began the 2018 season with "doubt kills more than failure ever will" as its motivational quote. Later, as the season came closer to conference and sectional crunch time, the team used "championships are won at practice" to continue to motivate themselves toward post-season successes.

Neuqua Valley was a member of the Upstate 8 Conference for 14 years, winning the conference championship each year. This year, in its third year in the DuPage Valley Conference, Neuqua posted its first championship in girls tennis, an achievement the entire school is justifiably proud of.

Congratulations, Trudy, on your IHSTCA Coach of the Year award!